## ATHLETIC SCREENING & HEALTH FAIR



Being part of the team and staying in the game is important! Meet our experienced physicians and New York Tech faculty to find out how to keep young athletes healthy from head to toe.

Learn about Northwell Health and New York Tech health services to prepare your young athlete for the upcoming season.

For middle and high school student athletes looking to register for this health fair, visit: <a href="https://www.eventbrite.com/e/get-in-the-game-athletic-screenings-and-health-fair-tickets-902009543827">https://www.eventbrite.com/e/get-in-the-game-athletic-screenings-and-health-fair-tickets-902009543827</a>



Date: Wednesday, August 28, 2024

Time: 4:00 PM - 7:00 PM

Location:

**School Activity Center** 

New York Institute of Technology (NYIT) Northern Boulevard, Valentines Lane Old Westbury, NY 11568

\*Click Here for Campus Map

## Join us for:

- Free Cardiology and Scoliosis Screenings
- Stretching with STARS
- Injury prevention with Orthopedics
- Information on preventing burnout and maximizing performance
- Nutritional information on fueling your body
- Yoga and Information in collaboration with Katz Institute for Women's Health

\*Snacks and light refreshments will be served.



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